## Useful Reference Points • www.hae.org.uk/businessguard

Betore Starting Work

## **WORK AREA**

- area when props are in use. Only essential people should work in the 1
- or could distract you. and safe and that no-one is near to you Make sure that your work area is clear
- Warn others to keep away. Put barriers Protect other people from the danger. 33
- enough to support the weight that will be the baseplate for your prop is sturdy Make sure the floor area where you put around your work area.
- prop takes the weight of the adjoining of your prop will not give way when the surface where you locate the headplate Make sure that the ceiling or upper ·9 bisced upon it.

## structure.

Frank Key. PLANT &

v:112016

- ορε οι ευλικουμευς μιαλ ιεσαικε α μιδμει you use the support props. Particular minimum that should be worn whenever protective equipment (ppe) are the 1. The following items of personal *SHOTARAGO*
- BS1870 / 4972). You must wear safety boots (EN 345 or **'**Z level of protection.
- BS5240) when working with support You must wear a helmet (EN397 or
- errong gloves will help protect your . 12 blops.
- Anybody who is working near to you will SDURU
- protective equipment. also need to wear appropriate personal

uthoritatively interpret the law

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## spread the load. de used above the head plate to help

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have the force of law and only the courts can a

1105 Safety Guidance

It is important to read this entire leaflet BEFORE

using the Support Props

1. Plan the use of the Support Props so that they can always

Consult with the architect or other responsible person

existing support is renovated or replaced.

regarding the weight of the overhead structure to be supported.

**Support Props** 

The rules and procedures in force where people are at work may require the person responsible for this equipment to carry out a specific risk assessment.

These support props are designed to give support to overhead structures while the

The action of these support props can cause injury or damage if not used in a careful

If you have not used support props before, familiarise yourself with the equipment

You should wear the following items of personal protective equipment: safety boots (EN345 or BS1870 / 4972); safety helmet - EN397 or BS5240; safety helmet - EN397

These support props must not be used by minors, or by anyone under the influence

Support props are designed for operation by an able bodied adult. Anyone with either temporary or permanent disability must seek expert advice before using them.

www.use.org.uk

safely.

and controlled way.

before you start work.

or BS5240: aloves.

of drugs or alcohol.

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4.

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6.

8.

A piece of timber like the soleplate can

to project at least 300mm (12 inches)

inches) thick. It should be long enough

d.f) mm85 vd abiw (sanoni e) mm822

The timber soleplate should be at least

soleplate unless the baseplate is on

Each prop should stand on a timber

strong enough to support the load that

head plate, or each prop, will locate, is

upper surface, where the baseplate and

Ensure that the floor and ceiling, or

degrees off vertical. This is about 25mm

Props must never be used more than 1.5

Your prop must be vertical in order to

Find out, and do not exceed, the safe

chain. Do not use anything found

that the original pin is still secure on its

and that they telescope easily. Check

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Check your support props, check that

damaged - contact the hire company.

working load (SWL) for your props.

will be transferred to it by each prop.

suitable structural concrete.

in 1 metre (1 inch in 1 yard).

bear its safe load.

SUPPORT PROPS

side of the support prop's

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trom the top of the outer tube.

beam or other load into place.

ou su rue brops you use.

secrite the prop.

down to accommodate this.

outer tube. Keep your hands well away

the inner tube will slide down into the

you remove the load and pull the pin out,

11. Be careful when removing props. When

10. Do not use the prop as a jack to lift a

8. Make sure each prop is located vertically.

fall over causing injury or damage.

You must make sure that the load is equal

loose, while installing other props, it will

bearing its share of the load, if it becomes

vertical. You must hold the prop until it is

Screw the collar up against the pin to

rupe. You may need to screw the collar

into the most suitable hole in the inner

and through the slot in the outer tube,

upper surface. If you are using a piece of timber between the headplate and the

It you are using a soleplate, your prop

position, then adjust the prop so it is vertical.

Locate the baseplate of your prop into

Wear your safety equipment especially

Two persons are required to put props in

t ni doni t no ette or 1 inch in 1 about 25mm in 1

**3.** The above guide assumes that the props are vertical (This is are within 1.5 degrees of vertical is

e. Locate the pin, above the screw collar,

upper surface it should be in position.

5. Carefully slide the inner tube up to the

spould be resting on it.

**SAORA THT ENILLATENI** 

yard): and that they are not brace

your helmet.

position sately.

Check the prop is

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## You may want to read this leaflet again. Please keep it until you finish work. Please keep this leaflet safely as it may be required for future reference

4. Do not string or tie any electrical or lighting cables to the props.

Wear your protective equipment including safety boots and helmet.

Check the props each time before you start work.

1.

2 3.

If props are left in position unattended, make the area safe against children and other 5. unauthorised persons.

- 7. Always return the equipment to the hire company in a clean condition.

- 8. If your equipment is faulty, do not attempt to repair it. Contact the hire company.

# Do not remove or adjust any prop until you are certain that it is safe to do so.

For guidance on managing

construction health risks go to

www.hse.gov.uk/construction

Using the Support Props

### 6. The props must be inspected by a competent person at least once a week.

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## be used safely. 2. The use of props for the temporary support of overhead structures should only be undertaken by persons who have the necessary knowledge and experience to do the job

44 (0) 121 380 4600 44 (0) 121 333 4109

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96'8

3.35

3.12

1.83

(metres)

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architect or other responsible person.

metres closed (6.1 metres extended).

different lengths (size 0 to 5).

The following is a general guide to the

metres extended). The longest, is 3.65

shortest is 1.04 meters when closed (1.83

Support props are usually available in six

and now much support your overnead

understand how to use the props safely

11. Betore you start work, make sure you

10. Do not try to brace your support props

with timber. Use the correct length prop.

that are too short by making up the gap

lengths (size 0 to 5). Do not use props

Props are available in six different

3.65

3.20

5.59

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(metres)

safe loading of props.

SAFE WORKING LOAD

knowledge to do it sately.

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structure needs.

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Prop Size Closed

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